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## **Drugs & Anti-Doping Policy**

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March 2025

To be reviewed March 2029

## **Drugs & Anti-Doping Policy**

Saber Academy condemns the use of prohibited substances and methods in sport and adheres to the World Anti-Doping Code. All students and staff of Saber Academy are bound by this policy.

### **Introduction**

This policy is adopted by Saber Academy and commits to the purposes of the World Anti-Doping Program and the Code, namely:

- to protect the athletes' fundamental right to participate in a doping-free sport and thus promote health, fairness and equality for athletes worldwide; and
- to ensure harmonized, coordinated and effective anti-doping programs at the international and national level, with regard to detection, deterrence and prevention of doping.

Saber Academy is not a sporting body or sanctioning body per se and as such, is not empowered to conduct testing in and of its own right. Saber Academy will however abide by the determinations and regulations of those sporting bodies that are.

The use of prohibited substances and methods is contrary to the ethics of sport and potentially harmful to the health of athletes and is contrary to the ethical standards of Saber Academy training facilities.

Saber Academy aims to promote the prevention of Doping practices in sport, by educating and informing staff and students about drugs in sport issues.

Staff or students using or promoting the use of prohibited substances and methods, will face sanctions from Saber Academy. Sanctions from Saber Academy may include:

- Expulsion from a course (with no refund due), or
- Dismissal from employment, or
- Cessation of training until the relevant penalty has concluded, or
- Any other penalty deemed as fair and just by the Director(s)

The burden of proof of the Anti-Doping rule violations lies upon the body making the accusation and all methods of gathering information, relating to the violations, must be in keeping with the World Anti-Doping Code.

No Saber Academy instructor or coach will prescribe, recommend or provide drugs, controlled substances or supplements that are illegal, prohibited, or harmful to athletes, for any purpose, including enhancing athletic performance, conditioning or physique.