



---

## Inclusion Statement

---

Inclusion Statement

March 2025

To be reviewed March 2029

## **Inclusion Statement**

We strongly believe that Saber Academy can be practiced by almost anyone who wishes to do so. Our programs aim to improve one's character through physical effort, and that can be done by anyone. The main purpose of our training is not any set of specific techniques but rather a certain attitude to life and a conduct that fosters self-improvement, perseverance, loyalty and respect. In short, in pursuing these goals, one cannot be limited by anything, except one's own aspirations.

Although our martial arts are practiced in a group, work and progress are individual, and whilst we encourage all students to work hard, they are only expected to work as hard as they can. While Saber Academy does maintain competency requirements for grading and league tables for tournaments, these are designed to help students measure their own progress. Participation in leagues, tournaments, or competitions is entirely optional and, where possible, participants are matched by skill level, age, and rank to ensure fair and constructive experiences.

If you, or a child in your care, have any kind of disability, this may not necessarily mean that you, or they, cannot join us. We believe in providing opportunities for all students to work toward their personal best, regardless of their starting point or individual challenges. If you have any special needs, please feel free to speak to the instructor and we will be very happy to discuss how you, or your child can take part. There are many options available and it may be as easy as a modified training program, curriculum or even a smaller class group (instructors permitting). We are committed to creating an inclusive environment where everyone can participate and develop their skills at their own pace.