



Student Code of Conduct

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March 2025

To be reviewed March 2029

Student Code of Conduct

Saber Academy is a martial arts school that combines modern training methods with traditional values and principles. Our training is conducted in the spirit of mutual respect, discipline, and dedication to personal growth.

Traditional Values

Our community is founded on:

- Spirit of Contribution
- Spirit of Respect
- Spirit of Harmony and Unity
- Spirit of Determination
- Spirit of Humanity

Dojo Etiquette and Hierarchy

- Always bow when entering and leaving the training area
- Bow at the commencement and completion of each class
- Bow to training partners before and after drills
- Always address instructors by their proper rank or title
- Respect the school hierarchy and chain of command
- Recognize that a martial arts school is not a democracy; instructors' directions are to be followed with respect
- Understand that rank is earned through dedication, skill, and character

Training Conduct

- Pay careful attention to instruction and remain focused
- Train with diligence and perseverance
- Avoid disrupting class, which endangers others and displays disrespect
- Control your ego and maintain humility in all aspects of training
- Show respect for each person's individual talents and goals
- Display high standards in language, manner, and attitude
- Maintain good personal hygiene - clean uniform, controlled body odor, long hair tied back, and short nails
- Support fellow students in their training journey

Safety and Respect

- Ensure all physical contact is appropriate and necessary for training
- Prioritize safety in all training activities
- Refrain from any form of abuse toward fellow students
- Be alert to and report any abuse directed toward others
- Follow all safety protocols for weapons and sparring
- Show concern for injured members and support modified training when needed

Online Training Conduct

- Set up a dedicated training space free from hazards
- Dress in proper training attire as you would for in-person classes
- Log in promptly and remain attentive throughout the session
- Show the same respect and formality as in-person training
- Begin and end sessions with traditional bowing
- Address instructors with proper titles
- Minimize distractions in your environment
- Do not record or share sessions without permission
- Follow all instructor directions promptly and respectfully

Competition and Events

- Represent Saber Academy with dignity and honor
- Demonstrate poise under pressure and adherence to competition rules
- Accept victory with humility and defeat with grace
- Respect officials' decisions without complaint
- Support your fellow academy members during competitions
- Remember that your behavior reflects on the entire Saber Academy community

Personal Development

- Commit to continuous improvement in skills and character
- Train regularly both in class and independently
- Apply martial arts principles to all aspects of your life
- Be a positive ambassador for Saber Academy and the martial arts

By following this code of conduct, you contribute to the respectful, disciplined, and supportive environment that defines Saber Academy and honors the traditional martial arts we practice.

I agree to abide by this code of conduct

Name:..... Signature:.....

Date:.....